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[www.heywood.org](http://www.heywood.org)

## **PATIENT INSTRUCTIONS FOR DOBUTAMINE STRESS ECHOCARDIOGRAM**

DURATION OF EXAM: 60 MINUTES  
PATIENT SCHEDULING: 978-630-5070  
QUESTIONS ABOUT TEST: 978-630-6222

EXAM DATE AND TIME: \_\_\_\_\_

HEART CENTER IS LOCATED ON THE 2nd FLOOR.

### **INSTRUCTIONS:**

- ◆ Check with your doctor regarding which **MEDICATIONS YOU SHOULD NOT TAKE** on the day of your test. If you are on medications that keep your heart rate down, they may interfere with the Dobutamine which increases your heart rate.
- ◆ No caffeine for 24 hours prior to taking the test.
- ◆ Bring a list of medications with you.
- ◆ Wear comfortable, loose fitting clothes.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Heart Center the day of your appointment.

Please arrive 15 minutes prior to your exam.

Thank you.