



242 Green Street
Gardner, ma 01440
978-632-3420
www.heywood.org

PATIENT INSTRUCTIONS FOR UGI AND SMALL BOWEL SERIES

QUESTIONS ABOUT THE TEST: 978-630-6235 PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 30 – 90 minutes

Radiology is located on the ground floor.

PREGNANCY: If you may be pregnant, please consult your doctor before having this examination.

INSTRUCTIONS:

Clear liquid supper at 5 p.m. the evening prior to the exam. Clear liquids are as follows:

- Apple, cranberry, grape juice, carbonated beverages, Jello, popsicles, clear broth (bouillon)
 - Black coffee or tear (regular or decaffeinated)
 - (DO NOT USE CREAM OR NON DAIRY CREAMER)
 - Clear hard candy
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- Clear liquids are allowed until midnight.
 - Nothing to eat or drink after midnight.
 - You may take medications with 1 – 2 ounces of water.
 - No smoking or gum chewing after midnight.
 - Bring a medication list to your appointment.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your exam.

Thank you,

Radiology Department