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PATIENT INSTRUCTIONS FOR OBSTETRICAL ULTRASOUND - TWINS

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 60 minutes

Radiology is located on the ground floor.

INSTRUCTIONS:

- Bring a medication list to your appointment.
- Drink 4 (8 ounce) glasses of water or clear liquids, (total 32 oz.), 90 minutes before your scheduled appointment.

Your bladder must be full when you arrive for your appointment.

Example: If your appointment is at 9:30 a.m. you should start drinking fluids at 8 a.m. and be completed by 8:30 a.m. **Do not** empty your bladder before the exam.

- Eat a full breakfast or lunch (regular diet) before your scheduled appointment.

Clear liquids are as follows:

- Black coffee or tea (regular or decaffeinated) (DO NOT USE CREAM OR NON DAIRY CREAMER) MAY USE SUGAR
- Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth (bouillon cube)
- Clear hard candy

In order to provide you with the very best care possible we limit additional people in the exam room to one adult. This is usually your significant other. Children are not allowed in the exam room unless they are patient.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,

Ultrasound Department