



242 Green Street
Gardner, ma 01440
978-632-3420
www.heywood.org

PATIENT INSTRUCTIONS FOR THYROID BIOPSY

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 60 minutes

Radiology is located on the ground floor.

INSTRUCTIONS:

- **If a prior images (X-Ray, Ultrasound, CT Scan, MRI) were done at another facility, please bring previous images to the Heywood Hospital Radiology Department prior to the day of your biopsy.**
- Bring a medication list to your appointment.
- These medications must be stopped 1 week (7days) prior to the biopsy:
Aspirin, Motrin, Ibuprofen, any other anti-inflammatory medications,
Vitamins and/or herbal supplements.
- If your are on any of the following types of medications, please let us know:
Coumadin, Plavix, Ticlid or any other blood thinners or platelet inhibitor.

The doctor who prescribed these medications must be called to verify that you can be off these medications for a certain amount of time (usually 7 days) and what procedure will be needed to have you start thee medicines after the biopsy. If you are on any of these medications, you should receive a phone call from a Radiology nurse or one of thee technologists in ultrasound. Any questions, please contact us at 978-630-6235.

- No food 3 hours before procedure.
- Clear liquids only may be taken 3 hours before your procedure.
 - Clear liquids are as follows:
 - Black Coffee or Tea (regular or decaffeinated) – Do not use cream or non-dairy creamer – may use sugar.
 - Apple, cranberry grape juice, carbonated beverages, jello, popsicles, clear broth (bouillon)
 - Clear hard candy.

To pre-register for your appointment, call Patient scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,
Ultrasound Department