



242 Green Street  
Gardner, MA 01440  
978-632-3420  
[www.heywood.org](http://www.heywood.org)

**PATIENT INSTRUCTIONS FOR MAMMOGRAM PHYSICAL /MENTAL LIMITATIONS**

QUESTIONS ABOUT THE TEST: 978-630-6235  
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: \_\_\_\_\_

DURATION OF EXAM: 30 minutes

Radiology is located on the ground floor.

PREGNANCY: If there is any chance you are pregnant, please consult with your doctor before having this examination.

**INSTRUCTIONS:**

- You should wear clothing that can easily be removed from the waist up.
- Please do not wear any deodorants, perfumes or powders prior to the exam.  
\*\*\*you can bring the things you need to apply after your exam\*\*\*
- It is VERY important to bring any previous mammography exams you may have had at another facility with you the day of your exam. The Radiologists will need these to compare with today's examination.
- Bring a medication list to your appointment.

To pre-register for your appointment, call Patient scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to Radiology Department the day of your appointment.

Please arrive 20 minutes early for your appointment.

Thank you,

Mammography Department