



Nutrition and Social Services for Oncology Patients

The Cancer Centers at Athol
and Heywood Hospitals

 **Heywood Healthcare**
Athol Hospital | Heywood Hospital

2033 Main Street, Athol, MA 01331 • www.atholhospital.org

242 Green Street, Gardner, MA 01440 • www.heywood.org

 **Heywood Healthcare**
Athol Hospital | Heywood Hospital

Nutrition Services

Heywood Healthcare Nutrition Services – (978) 630-6462

Nutrition is an important part of your cancer treatment and recovery. Licensed Registered Dietitians (RDs) are available to support you during treatment, and consults can often be completed during your scheduled treatment times.

Cancer and treatment can affect your usual eating pattern in various ways. RDs can assist you with your nutritional needs and will provide individual diet education to support you during treatment.



Social Services

Heywood Hospital Social Services – (978) 630-6519

Athol Hospital Social Services – (978) 249-1213

Receiving news of a cancer diagnosis can be very difficult. Patients are dealing with a wide range of emotions and can feel overwhelmed.

Social Workers are available to assist patients and families with financial and emotional needs including:

- Finding support groups in your community
- Navigating insurance and assisting with paperwork
- Talking about your diagnosis with friends and loved ones
- Dealing with feeling of sadness, grief and/or depression
- Coping with stress
- Finding transportation to the hospital, physician's office or clinic
- Arranging home healthcare and exploring additional local resources

Please let your Physician or Nurse know if you are interested in speaking with a member of our Nutrition or Social Services staff.

Athol Oncology - 978-249-1246

Heywood Oncology - (978) 630-6457

