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PATIENT INSTRUCTIONS FOR GALLBLADDER AND UGI

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 30 to 60minutes

Radiology is located on the ground floor.

PREGNANCY: If you may be pregnant, please consult your doctor before having this examination.

INSTRUCTIONS:

1. Start taking the TELEPAQUE TABLETS at 4 p.m. the day before your exam.

****Two tablets should be taken with 1 – 2 ounces of water every 30 minutes****

- These tablets allow the gallbladder to be seen on the x-ray.
- TELEPAQUE DOSAGE AS FOLLOWS:

150 pounds or under.....2 tablets at 4 p.m.
2 tablets at 4:30 p.m.
2 tablets at 5 p.m.

151 pounds or over.....2 tablets at 4 p.m.
2 tablets at 4:30 p.m.
2 tablets at 5 p.m.
3 tablets at 5:30 p.m.

DO NOT TAKE MORE THAN NINE TABLETS. DO NOT FOLLOW INSTRUCTIONS ON THE TELEPAQUE PACKAGE.

- Some patients experience loose stools following the ingestion of Telepaque tablets.

2. Eat a fat free supper at 5 p.m. on the evening prior to the exam.

- Choose any of the following foods or liquids:
Fruit or fruit juices (except avocado)

Bread – white or whole wheat

Jelly, jam or marmalade

Clear broth (bouillon)

Asparagus, green beans, waxed beans, beets, carrots,

Mushrooms, peas, pumpkin, winter squash, spinach (COOKED WITHOUT OIL) – MAY USE SALT

Black coffee or tea (regular or decaffeinated) (DO NOT USE CREAM OR NON DAIRY CREAMER)

MAY USE SUGAR

- Do not use:

Milk or its products.

Meat, fish, poultry, cheese, eggs

Peanut butter or legumes

Fat or any kind (oil, butter, margarine, etc)

3. Clear liquids are allowed until midnight

Clear liquids are as follows:

Black coffee, tea (regular or decaffeinated) (DO NOT USE CREAM OR NON DAIRY CREAMER)

MAY USE SUGAR

Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth (bouillon).

Clear hard candy.

4. Nothing to eat or drink after midnight.

****YOU MAY TAKE MEDICATIONS WITH 1 – 2 OUNCES OF WATER****

****NO SMOKING OR GUM CHEWING AFTER MIDNIGHT****

5. Bring a medication list to your appointment.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your exam.

Thank you,

Radiology Department