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[www.heywood.org](http://www.heywood.org)

**PATIENT INSTRUCTIONS CT CHEST, ABDOMEN, PELVIS**

QUESTIONS ABOUT THE TEST: 978-630-6235

PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: \_\_\_\_\_

DURATION OF EXAM: 30 minutes

CT Garrison Suite is located on the ground floor of the Watkins building.

**PREGNANCY:** If you may be pregnant, please inform your doctor before having this examination.

**DIABETES:** If you are a diabetic, it is important to notify the Radiology Department because your appointment time may be affected.

**ORAL PREPARATION:** It is necessary for you to drink a liquid that will outline the stomach and intestine for your CT scan. The oral prep may be refrigerated.

**INSTRUCTIONS:**

- If a doctor has ordered lab test to be done, please have the labs done a few days prior to your CT appointment.
- Bring a medication list to your appointment.
- Nothing to eat or drink three hours before the scheduled appointment.
- Oral medications may be taken with 1 – 2 ounces of water/
- Obtain two bottles of oral prep from the Garrison Suite the day before your scheduled appointment.
- Shake well before using.
- Drink the entire contents of one bottle of the oral prep 3 hours before your scheduled appointment.
- Drink the entire contents of the 2<sup>nd</sup> bottle of oral prep 1 hour before your appointment.  
**\*\*\*Drink slowly – take 15 – 30 minutes to consume.\*\*\***
- Please wear clothing without metal, such as snaps and zippers. Loose clothing with an elastic waistband is the most comfortable for this exam.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Garrison CT suite the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,  
CT Department