



242 Green Street  
Gardner, ma 01440  
978-632-3420

[www.heywood.org](http://www.heywood.org)

**PATIENT INSTRUCTIONS CT CARDIAC**

QUESTIONS ABOUT THE TEST: 978-630-6235  
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: \_\_\_\_\_

DURATION OF EXAM: 60 minutes

CT Garrison Suite is located on the ground floor of the Watkins building.

PREGNANCY: If you may be pregnant, please inform your doctor before having this examination.

DIABETES: If you are a diabetic, it is important to notify the Radiology Department because your appointment time may be affected.

ORAL PREPARATION: It is necessary for you to drink a liquid that will outline the stomach and intestine for your CT scan. The oral prep may be refrigerated.

**INSTRUCTIONS:**

- If a doctor has ordered lab test to be done, please have the labs done a few days prior to your CT appointment.
- Bring a medication list to your appointment.
- Nothing to eat or drink four hours before the scheduled appointment.
- Oral medications may be taken with 1 – 2 ounces of water.
- Your doctor will generally prescribe an oral dose of betablockers for you to take the evening prior and the morning of the exam.
- No Viagra or Cialis (or similar products) 24 hours before or after the procedure.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Garrison CT suite the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,  
CT Department

