



242 Green Street
Gardner, MA 01440
978-632-3420
www.heywood.org

PATIENT INSTRUCTIONS FOR BONE DENSITY (DXA)

QUESTIONS ABOUT THE TEST: 978-630-6235
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 20 minutes

Radiology is located on the ground floor. We recommend that you park and enter the hospital by the South Entrance.

PREGNANCY: If there is any chance you are pregnant, please consult with your doctor before having this examination.

INSTRUCTIONS:

- Please bring a list of all medications, including over the counter and supplements, that you are taking.
- Please wear clothing without metal, or buttons, such as snaps, zippers, underwire bras.
- Loose clothing with an elastic waistband is the most comfortable for this exam.
- A Bone Density Scan must NOT be done within 7 days of the following types of exams:
 - ◆ Upper GI Exam
 - ◆ Barium Enema
 - ◆ IVP
 - ◆ CT Scan with Contrast
 - ◆ Any Nuclear Medicine Exam

To pre-register for your appointment, call Patient scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,
Radiology Department