



CLINICAL & SUPPORT OPTIONS

CSO provides a broad range of **Family Support** behavioral health services to help kids and their families with the unique care they may need.

Intensive Care Coordination is a model of care coordination using the "wraparound" team approach for youth and families. This service is especially appropriate for youth who receive services from multiple providers or state agencies, including special education services. CSO is the ICC provider for the Hampshire/Franklin/North Quabbin area.

In-Home Therapy is an intensive, family-focused therapy provided by one or more members of a team consisting of professional and paraprofessional staff. IHT teams treat the child/youth's behavioral health needs and helps the family support the youth in the home, with a goal of reducing the need for out-of-home placements.

Therapeutic Mentoring works one-on-one with a child or youth who, because of behavioral health needs, requires support and coaching to learn social skills, including better ways to communicate and get along with others. Therapeutic mentoring helps the child achieve goals identified in an existing treatment plan for outpatient therapy or in-home therapy, or goals from an Individualized Care Plan for a child receiving Intensive Care Coordination.

Community Support Program provides outreach and individualized care to adults, kids and families experiencing stress in either family life, work, or school. Care is mobile and flexible, and is intended to bring stability and wellness into participants' daily lives.

Outpatient Services are available at all CSO clinics and can provide:

- * Child Psychiatry for evaluation, medication management and consultation
- * Individual and Family Therapy
- * Psychological testing and assessment, if needed

For more information, contact one of our clinics directly or just stop in.
We provide open access at all of our facilities to help you more easily get started with the care you need right now.

**250 School Street, Suite 301
Gardner, MA 01440
978.632.9400**

**491 Main Street
Athol, MA 01331
978.249.9490**

www.csoinc.org