



242 Green Street
Gardner, MA 01440
978-632-3420

PATIENT INSTRUCTIONS FOR ABDOMEN AND PELVIC ULTRASOUND

QUESTIONS ABOUT THE TEST: 978-630-6235
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: _____

DURATION OF EXAM: 60 minutes

Radiology is located on the ground floor. We recommend that you park and enter the hospital by the South Entrance.

Only the patient is allowed in the examination room. No children or guests are allowed in the examination room.

INSTRUCTIONS:

Bring a medication list to your appointment.

No eating, drinking, smoking or chewing gum for 6 hours before your appointment time.

You should drink 4 (8 ounce) glasses of water or clear liquids, (total 32 ounces), 90 minutes before the scheduled appointment. It takes about an hour for your bladder to be completely full.

Clear liquids are as follows:

- Black coffee or tea (regular or decaffeinated)
(DO NOT USE CREAM OR NON DAIRY CREAMER)
- Apple, cranberry, grape juice, carbonated beverages,
Jello, popsicles, clear broth (bouillon)
- Clear hard candy

YOU MAY TAKE YOUR MEDS BEFORE THE EXAM

DO NOT EMPTY YOUR BLADDER BEFORE THE EXAMINATION

Your exam may be **delayed or postponed** if your bladder is not full.

Example: If your appointment is at 9:30 a.m. you should start drinking fluids at 8 a.m.

and be completed by 8:30 a.m. DO NOT empty your bladder before the exam.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,

Ultrasound Department