PATIENT INSTRUCTIONS FOR PELVIC & TRANSVAGINAL ULTRASOUND

QUESTIONS ABOUT THE TEST: 978-630-6235
PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME:______________________________________

DURATION OF EXAM: 60 minutes

Radiology is located on the ground floor.

INSTRUCTIONS:
• Bring a medication list to your appointment.
• Drink 4 (8 ounce) glasses of water or clear liquids, (total 32 oz.), 90 minutes before your scheduled appointment. Your bladder must be full when you arrive for your appointment.
  Example: If your appointment is at 9:30 a.m. you should start drinking fluids at 8 a.m. and be completed by 8:30 a.m.
• Eat a full breakfast or lunch (regular diet) before your scheduled appointment.
Clear liquids are as follows:
• Black coffee or tea (regular or decaffeinated) (DO NOT USE CREAM OR NON DAIRY CREAMER) MAY USE SUGAR
• Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth (bouillon cube)
• Clear hard candy

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your appointment.

Thank you,

Ultrasound Department