CCWT Informational Meeting

Melinda Kneeland, UMass Chan Medical School
Foundational Partnerships

Office of the Child Advocate (OCA)

- The Office of the Child Advocate (OCA) is an independent state agency that serves children and families across the Commonwealth. OCA’s goal is to ensure all children receive appropriate, timely and quality services. OCA collects and analyzes data and makes recommendations to legislators and professionals to improve these services. The Office also takes complaints and provides information to families who receive state services.

The Childhood Trauma Task Force (CTTF)

- The Childhood Trauma Task Force, was established by the Legislature in “An Act Relative to Criminal Justice Reform” (2018), is charged with determining how the Commonwealth can better identify and provide services to children who have experienced trauma, with the goal of preventing future juvenile justice system involvement.
  - [https://www.mass.gov/resource/childhood-trauma-task-force-cttf](https://www.mass.gov/resource/childhood-trauma-task-force-cttf)
“A trauma-informed… is one in which all parties involved recognize and respond to the impact of traumatic stress on those who have contact with the system including children, caregivers, and service providers.”

“Programs and agencies within such a system infuse and sustain trauma awareness, knowledge, and skills into their organizational cultures, practices, and policies.”

“They act in collaboration with all those who are involved with the child, using the best available science, to maximize physical and psychological safety, facilitate the recovery of the child and family, and support their ability to thrive.”

https://www.nctsn.org/trauma-informed-care/creating-trauma-informed-systems
Core Center Components

Resources and Information

Professional Learning Communities

Assessment and Coaching
Goals And Objectives of CCWT

A Racial Equity lens directs, imbues, and enhances all goals

1. Resources and Information
All child-serving professionals have access to best practice trauma and healing/prevention resources and information.

2. Professional Learning Communities
Professional Learning Communities will provide and enhance trauma-informed and responsive skills and tools.

3. Assessment and Coaching
All agencies that interact with children will benefit from an assessment and coaching process to become more trauma-informed and responsive.

Goals are driven and refined by stakeholder engagement and feedback
Assessment and Coaching Process

A Racial Equity lens directs, imbues, and enhances all goals

1. Assessment:
Organizational assessments to help identify areas of strength and areas for further work
- First round TIOA, informational session with interested organizations provides details of the assessment process (1 hour)
- Organization or program staff complete the assessment (20-45 minutes)

2. Action Plan Development and Implementation:
Action plan indicates level of ongoing support which can be individualized to meet your program or organization’s needs
- Debrief results from assessment and initial plan development session (1-2 hours)
- Minimum monthly group coaching session will be made available (1 hour)

Coaching is tailored using the Trauma Informed Organizational Assessment (TIOA)
Assessment and Coaching Process

A Racial Equity lens directs, imbues, and enhances all goals

3. Coaching & Training
- Coaching sessions are available to take a deeper dive into an identified area of need for each program which can be two to four 1-hour sessions to allow for ongoing engagement and individualize support
- Training opportunities, which may include one time or multiple sessions on trauma, vicarious trauma, racial trauma, LGBTQ+ issues, protective and preventative childhood experiences, and/or self-care (Time varies depending on training curriculum)

4. Assessment and Sustainability Planning
- Evaluate progress: all staff complete TIOA again to see how interventions have enhanced practice (20-45 minutes)
- Review outcomes and outline next steps towards future goals of each program (1 hour)
- Celebrate gains and share knowledge! This can be by each program or incorporated into a best practices conference in the spring (2 hours)

Coaching is tailored using the Trauma Informed Organizational Assessment (TIOA)
Assessment Domains

- The assessment will consist of nine areas, or domains, that are key to creating a trauma-informed organization.

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<th>Trauma Screening</th>
<th>Assessment, Care-Planning and Treatment</th>
<th>Workforce Development</th>
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<td>Strengthening Resilience and Protective Factors</td>
<td>Addressing Parent/Caregiver Trauma</td>
<td>Continuity of Care and Cross-System Collaboration</td>
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<td>Addressing, Minimizing, and Treating Secondary Traumatic Stress</td>
<td>Partnering with Youth and Families</td>
<td>Addressing the Intersections of Culture, Race, and Trauma</td>
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Visit the CCWT Website to learn:

- **Learn about Trauma**
  - Types of Trauma
  - Adverse Childhood Experiences (ACEs)

- **Healing and Prevention**
  - Positive Childhood Experiences
  - HOPE Resources

- **Becoming Trauma-Informed and Responsive**
  - Guiding Principles
  - Action Steps

- **Highlighted Resources and Toolkits**
  - Toolkit for Early Childhood Educators
  - Racial Trauma and Equity Training

https://childwellbeingandtrauma.org/
Year One Sites

Interventions Across the State

LEGEND
★ FRC
● Community-level intervention
▼ School trauma/mental health interventions
◆ Multi-service agencies

CENTER ON CHILD WELLBEING & TRAUMA
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