



Potential, but uncommon risks include:

- Reaction to the sedatives used or over sedation
- Bleeding might occur at a biopsy site, but is usually minimal and rarely requires follow-up
- Aspiration of stomach contents into your lungs
- Infection
- Complications from heart or lung diseases
- Perforation – a tear through the lining of the intestine that might require surgery to repair

Patients who cancel procedures within less than 48 hours notice will have restricted access to future services.

Although complications can occur, they are rare when doctors with specialized training and experience perform this test.

A slightly sore throat may last for a day or so. Nonprescription anesthetic-type throat lozenges may help to soothe a sore throat.

Your procedure is scheduled for

_____ Date

_____ Time

- Bret Ancowitz, MD
- Thomas Dunzendorfer, MD
- Phani Molakatalla, MD

- Please arrive at _____ am/pm to Surgical Daycare, located at the South Entrance of Heywood Hospital.

- Please arrive at _____ am/pm to Short Stay/3rd Floor located at Athol Hospital.

All appointments subject to change.

Please know your insurance guidelines!

If your insurance requires a prior authorization or an insurance referral, please be sure our office has received this prior to your procedure. Please do not assume that your primary physician's office has taken care of this.



EGD/Gastroscopy Instructions



Heywood Gastroenterology

250 Green Street, Suite 104, Gardner, MA 01440

978-669-5522 | www.heywood.org



Prior to your procedure

14 DAYS PRIOR

- **STOP** all herbals and supplements
- Arrange transportation
- Review prep instructions

7 DAYS PRIOR

- **DO NOT TAKE** any of the following medications:
 - Advil
 - Aleve
 - Anaprox
 - Arthrotec
 - Celebrex
 - Cold/sinus w/Ibuprofen
 - Daypro
 - Feldene
 - Indocin
 - Iron
 - Lodine
 - Mobic
 - Motrin
 - Naprosyn
 - Nuprin
 - Orudis
 - Relafen
 - Ultram
 - Vitamin E
 - Voltaren

- **Please call your prescribing physician if:**
 - You take Coumadin (Warfarin), Plavix (Clopidogrel), Aggrenox, Ticlid (Ticlopidine), Pradaxa (Dabigatran), Effient (Prasugrel), or Brilinta (Ticagrelor)
 - **You have Diabetes**
 - **You are on a Rheumatoid Anti-Arthritic regime**

- Lovenox injections must be stopped 24 hours prior to your procedure
- **CALL** your prescribing physician for instructions on stopping blood thinners
- Call 978-630-5070 to pre-register for your procedure

▶ **Do not stop any prescription medications other than those listed above.**

1 DAY PRIOR

- **DO NOT** take any “chalky” antacids the day before your procedure

On the day of your procedure

- **DO NOT EAT or DRINK** anything after midnight prior to procedure
- **NOTHING BY MOUTH**
- NO gum or hard candy
- NO smoking
- The **ONLY MEDICATIONS** you may take this morning are:
 - Cardiac (heart)
 - Seizure
 - Blood pressure
 - Asthma medications and inhalers
- Bring your glasses, do not wear contact lenses

- Leave your jewelry at home
- Bring a complete list of medications you're currently taking to the hospital with you

ARRIVE 1 HOUR prior to procedure time

Allow 2½ hours at the hospital

The hospital **REQUIRES** that you have a ride home. No taxis, unless accompanied by a responsible adult. No walking home and **NO DRIVING YOURSELF.**

