PATIENT INSTRUCTIONS FOR GALLBLADDER EXAM

QUESTIONS ABOUT THE TEST: 978-630-6235          PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME: ________________________________

DURATION OF EXAM: 30 to 60 minutes

Radiology is located on the ground floor.

PREGNANCY: If you may be pregnant, please consult your doctor before having this examination.

INSTRUCTIONS:

1. Start taking the TELEPAQUE TABLETS at 4 p.m. the day before your exam.

   **Two tablets should be taken with 1 – 2 ounces of water every 30 minutes**

   • These tablets allow the gallbladder to be seen on the x-ray.

   • TELEPAQUE DOSAGE AS FOLLOWS:

     150 pounds or under...............2 tablets at 4 p.m.
     2 tablets at 4:30 p.m.
     2 tablets at 5 p.m.

     151 pounds or over...............2 tablets at 4 p.m.
     2 tablets at 4:30 p.m.
     2 tablets at 5 p.m.
     3 tablets at 5:30 p.m.

DO NOT TAKE MORE THAN NINE TABLETS. DO NOT FOLLOW INSTRUCTIONS ON THE TELEPAQUE PACKAGE.

   • Some patients experience loose stools following the ingestion of Telepaque tablets.

2. Eat a fat free supper at 5 p.m. on the evening prior to the exam.

   • Choose any of the following foods or liquids:
     Fruit or fruit juices (except avocado)
Bread – white or whole wheat
Jelly, jam or marmalade
Clear broth (bouillon)
Asparagus, green beans, waxed beans, beets, carrots,
Mushrooms, peas, pumpkin, winter squash, spinach (COOKED WITHOUT OIL) – MAY USE SALT
Black coffee or tea (regular or decaffeinated (DO NOT USE CREAM OR NON DAIRY CREAMER)
MAY USE SUGAR

- Do not use:
  Milk or its products.
  Meat, fish, poultry, cheese, eggs
  Peanut butter or legumes
  Fat or any kind (oil, butter, margarine, etc)

3. Clear liquids are allowed until midnight
   Clear liquids are as follows:
   Black coffee, tea (regular or decaffeinated)
   (DO NOT USE CREAM OR NON DAIRY CREAMER) MAY USE SUGAR
   Apple, cranberry, grape juice, carbonated beverages, jello, popsicles and clear broth
   (bouillon).
   Clear hard candy.

4. Nothing to eat or drink after midnight.

   **YOU MAY TAKE MEDICATIONS WITH 1 – 2 OUNCES OF WATER**
   **NO SMOKING OR GUM CHEWING AFTER MIDNIGHT**

5. Bring a medication list to your appointment.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your exam.

Thank you,

Radiology Department