



Support in the Summertime!

Heywood Center for Weight Loss and Bariatric Surgery is offering monthly support groups for anyone in our program.

*Whether you had surgery years ago, or are in the pre-op pathway, we highly recommend you join us! **

Support Groups will be held via Zoom at 5pm on the 4th Thursday of the month

June 24th 2021: Navigating summer eating, Caitlin Silva, RD, LDN

July 22nd 2021: Digestive wellness, Caitlin Silva, RD, LDN

August 26th 2021: Celebrating non-scale wins, Sara Evans, MS, RD, LDN



**Center for Weight Loss
and Bariatric Surgery**
at Heywood Hospital