



242 Green Street
Gardner, MA 01440
978-632-3420
www.heywood.org

PATIENT INSTRUCTIONS FOR STRESS ECHOCARDIOGRAM

DURATION OF EXAM: 60 MINUTES
PATIENT SCHEDULING: 978-630-5070
QUESTIONS ABOUT TEST: 978-630-6222

EXAM DATE AND TIME: _____

HEART CENTER IS LOCATED ON THE 2nd FLOOR.

INSTRUCTIONS:

- ◆ Check with your doctor regarding which **MEDICATIONS YOU SHOULD NOT TAKE** on the day of your test.
- ◆ Bring a list of medications with you.
- ◆ Wear comfortable, loose fitting clothes.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Heart Center the day of your appointment.

Please arrive 15 minutes prior to your exam.

Thank you.