

Member of the Heywood Healthcare Family 242 Green Street Gardner, ma 01440 978-632-3420 www.heywood.org

## PATIENT INSTRUCTIONS FOR BARIUM SWALLOW AND UGI

QUESTIONS ABOUT THE TEST: 978-630-6235 PATIENT SCHEDULING: 978-630-5070

EXAM DATE AND TIME:\_\_\_\_\_

DURATION OF EXAM: 30 to 60 minutes

Radiology is located on the ground floor.

PREGNANCY: If your may be pregnant, please consult your doctor before having this examination.

## **INSTRUCTIONS:**

Clear liquid supper at 5 p.m. the evening prior to the exam. Clear liquids are as follows:

- Apple, cranberry, grape juice, carbonated beverages, Jello, popsicles, clear broth (bouillon)
- Black coffee or tear (regular or decaffeinated)
  - (DO NOT USE CREAM OR NON DAIRY CREAMER)
- o Clear hard candy
- Clear liquids are allowed until midnight.
- Nothing to eat or drink after midnight.
- You may take medications with 1 2 ounces of water.
- No smoking or gum chewing after midnight.
- Bring a medication list to your appointment.

To pre-register for your appointment, call Patient Scheduling at least 2 days before your scheduled appointment at 978-630-5070. Pre-registration will allow you to report directly to the Radiology Department the day of your appointment.

Please arrive 15 minutes early for your exam.

Thank you,

Radiology Department