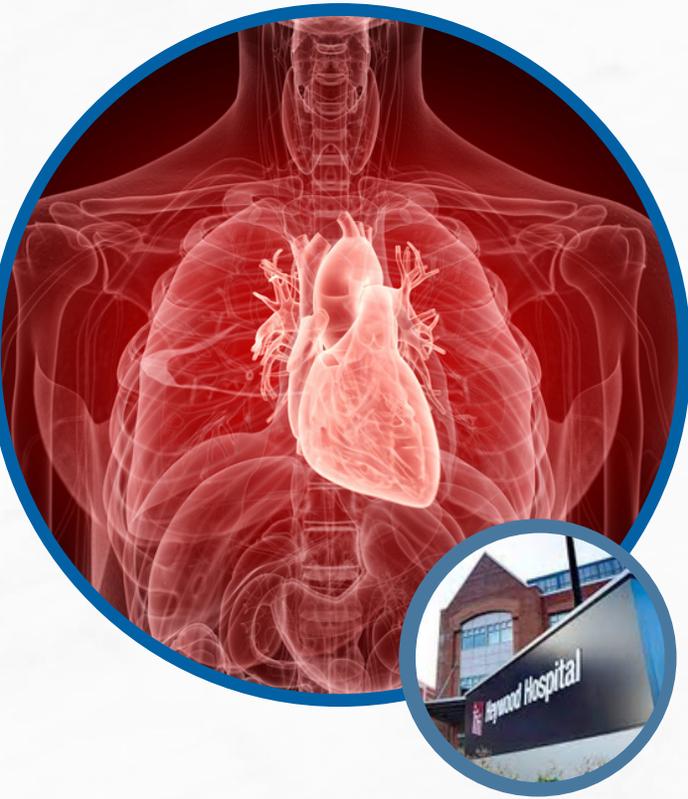


Nuclear Lexi Scan Nuc Stress Test



A non-exercise stress test looking at the heart muscle and blood flow. An IV catheter will be inserted either in the arm or hand to use for the injections. A small amount of a radioactive isotope will be injected to help with the imaging of the heart. The isotope is injected into the IV before and after the injection of the medication called Lexi scan. The Lexi-scan replaces the physical exercise by increasing the blood flow through the arteries.

INSTRUCTIONS/PREP:

- **No Caffeine or Decaf products 24 prior to the test.**
 - Such as, tea, colas, mountain dew, chocolate, migraine medicine.
- Excedrin, Sinus medications that contain caffeine.
- Do not take any medications that contain Theophylline 48 hours before the test.

NOTHING TO EAT OR DRINK after midnight the day prior to the test.

IF YOU ARE A DIABETIC

- You can have a slice of dry toast up to an hour before the test.
- Do not take oral diabetic medication or short acting insulin in the morning on the day of the test. If taking long-acting insulin, take only half of the dose the night before the test.
- Bring a list of all your medications and if you are asthmatic, bring your rescue inhaler.
- No nicotine after midnight.
- Drink a lot of water the day before the test.
- There will be a waiting period in between the imaging parts of the test. You may want to bring some reading material, hand held games, etc.
- **Please pre-register a day before with Central Scheduling at 978-630-5070.**
- Park in the Main Entrance of the hospital and report to the Radiology Department.
- Test duration 3-3 1/2 hours.