

Behavioral Health Services at Heywood Hospital

The Behavioral Health Program at Heywood Hospital, a member of Heywood Health Care, has a commitment to each patient and family member we interact with as well as the Greater Gardner Community.

Philosophy

We treat the patient, the family, the guardian, and the community as an integrated system. Collaboration within the Inter-disciplinary Team assures the best possible care for the patient in the emotional, physical, educational, spiritual and restorative spheres.

Mission

We strive to ensure the delivery of quality, intensive, individualized, and “holistic” care to our community.



Important Phone Numbers

Main Hospital Number:	(978) 632-3420
Mental Health Unit:	(978) 630-6377
Geriatric Psychiatry Unit:	(978) 630-6325
Partial Hospitalization:	(978) 630-6826

For more information about our behavioral health services, please visit heywood.org



242 Green Street, Gardner, MA 01440
(978) 632-3420 | www.heywood.org



Behavioral Health Services





Inpatient Care

Mental Health Unit

The adult inpatient unit at Heywood Hospital services patients 16 years of age and up focusing on acute, short-term treatment.

The Heywood Mental Health Unit prides itself on combining professional understanding of the emotional aspects of psychiatric illness with the most current and clinical standards of care, provided in a warm and inviting environment.

Geriatric Psychiatry Unit

Geriatric Psychiatry is a specialized unit that focuses on the older population. The unit is designed to evaluate and treat psychiatric patients with and without concurrent medical issues.

The goal of the unit is to return an individual to an optimal level of functioning in a timely manner with a plan of continued care after discharge.

Treatment Components

- Integrated, psychiatric/medical evaluation
- Individual therapy
- Social services for family support
- Occupational therapy
- Group therapy
- Psychological and neuropsychological testing
- Nutrition and dietary consultation
- Discharge and after-care planning focusing on community referrals for continued treatment
- Therapeutic milieu
- Electroconvulsive therapy



Partial Hospitalization Program: Monday-Friday, 9:00 am – 3:00 pm

The Partial Hospitalization Program provides:

- Daily assessments by a clinical staff
- Psychotherapy and Life Coaching
- Therapeutic milieu

This program acts as a step down for individuals leaving an inpatient setting or as an early intervention to avoid potential hospitalization.

Support Groups

Heywood Hospital offers various support groups for families, including:

- Caregiver Support Group
- Substance Abuse Family Support Group
- Suicide Survivor Support Group

For more information on our support groups as well as meeting times and locations, please visit www.heywood.org.